



PARKINSON'S OPEN MORNING

BASILDON SPORTING VILLAGE

We invite you to join us for our open morning on
Thursday 06/11/25 10am - 1pm
See what Basildon Sporting Village
has to offer you!

We know how important it is to be active, it's great
for your physical and mental wellbeing, and it's
especially important for people with Parkinson's.

The more physically active people with Parkinson's
are, the easier it is to live well and manage the
complexities of the condition.

Scan the QR code or visit
www.everyoneactive/parkinson's to find out more

SCAN TO FIND
OUT MORE

